

The POPIA & Ransomware Risk Checklist

A 10-minute self-audit for South African health care practices— GPs, dentists, pharmacies, specialists, clinics & hospitals.

Why this matters: POPIA violations can carry fines of up to R10 million and criminal liability for directors. South Africa is the most targeted country in Africa for ransomware, with healthcare facing 1,600+ attacks a week. Most practices don't discover their exposure until something has already gone wrong.

How to use this: Tick every box that reflects your practice today. Each unticked box is a potential exposure point. Score yourself at the end.

1 DATA PROTECTION & POPIA

- ☐ We know exactly where patient data is stored and who can access it. — *unknown data flow = audit risk*
- ☐ We have a documented, tested breach-notification process. — *required under POPIA*
- ☐ Patient data is encrypted both in transit and at rest. — *unencrypted = direct violation*
- ☐ We produce regular (monthly/quarterly) compliance reporting. — *most practices produce none*
- ☐ Staff have received POPIA awareness training in the last 12 months. — *human error is the #1 cause of breaches*

2 COMMUNICATIONS & CALL SECURITY

- ☐ Our phone calls are encrypted end-to-end (not just internet traffic). — *legacy PBX = eavesdropping risk*
- ☐ Call recordings (if used) include POPIA-compliant consent prompts. — *unconsented recording = violation*
- ☐ After-hours and emergency calls are routed reliably, every time. — *gaps here = missed emergencies*
- ☐ We can produce a full audit log of call activity on demand. — *needed for compliance & billing disputes*

3 NETWORK & DEVICE SECURITY

- ☐ Medical IoT devices (scanners, monitors, pumps) sit on an isolated network segment. — *flat networks = single point of failure*
- ☐ We have ransomware defence with automatic endpoint isolation. — *not just antivirus*
- ☐ We monitor the dark web for our patients' leaked data or credentials. — *most breaches are discovered too late*
- ☐ We have a next-gen firewall with intrusion detection tuned to healthcare threats. — *generic firewalls miss healthcare-specific attacks*

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4 BUSINESS CONTINUITY & LOADSHEDDING

- ☐ Our internet and phones stay online automatically during load shedding. —*no failover = downtime during outages*
- ☐ A single device or connection failure would not take down the whole practice. —*no redundancy = cascading failure*
- ☐ We have one accountable provider for internet, phones and security — not three. —*fragmented vendors = slower fixes, more finger-pointing*

SCORE YOURSELF

15-17 boxes ticked: Strong position. Worth a professional audit to confirm and document it.

9-14 boxes ticked: Meaningful gaps exist. These are exactly the gaps that turn into fines or downtime.

Below 9 boxes ticked: Significant exposure. We'd recommend a full risk assessment as a priority.

Want the professional version of this audit — free?

[Book a free 30-minute
HealthShield™ Risk Assessment.](#)

We'll review your actual environment — internet, phones and network — and show you exactly what's at risk. No cost, no obligation.

 **087 291 7557**

 **sales@innovonet.co.za**

 **www.innovonet.co.za**